



For Immediate Release
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Botsford Commons Bridge to Home Program Helps Patients Regain Independence

Farmington Hills, Mich. – In many cases, patients who have had an extended hospital stay, or those who have conditions that limit mobility, strength or stamina during recovery, can experience difficulty when they are discharged. Going from the hospital environment, where all aspects of daily living are assisted, back to one's home can be an especially difficult transition. Recognizing that this period can create hardships – and can even lead to return hospital visits – Farmington Hills-based Botsford Commons Senior Community developed a program to make adjusting easier.

The Bridge to Home program provides for respite care in Botsford Commons' suites, providing an environment that is stimulating and fun, while allowing the person to rebuild strength, continue their recuperation, and gain confidence. Each resident receives a physician's "house call," assuring that their recovery is progressing smoothly.

Meals are provided in the Botsford Bistro restaurant and all housekeeping chores are taken care of by Botsford staff. It is like a hotel stay, with the feel of a caring, united community.

Additionally, Bridge to Home residents can take advantage of on-site occupational and physical therapies, personal care services, a spa and beauty salon, and outings arranged by Botsford Commons' program staff, along with all the other amenities of the Botsford Commons campus.

"The Bridge to Home program is an ideal way to gradually increase activity to the point of full independence," says Diane Zide, Executive Director of Operations. "The availability of a wide range of activities, as well as the seamless coordination of care and access to onsite therapy can make a tremendous difference for patients and families."

The program ties into Botsford Commons' emphasis on the continuum of care concept – a belief that care options should exist to meet each stage of a person's treatment needs throughout their life.

Those seeking additional information on the Bridge to Home program, contact Cheryl or Colleen at 248-426-6903.

Botsford Commons Senior Community is a non-profit corporation providing housing and service options for seniors. Located on a 30-acre campus in Farmington Hills, Michigan, the award-winning Community offers a full continuum of care for the area's senior population including short stay rehabilitation services, long-term care, privately owned condominiums, and rental options for senior apartments and assisted living suites. Botsford Commons Senior Living Center was awarded a Level III Quality Seal from the Michigan Center for Assisted Living (MCAL) and the Senior Living Center and Botsford Rehabilitation and Continuing Care have each received a Bronze National Quality Award from the American Health Care Association/ National Center for Assisted Living. For more information visit the website at: www.botsfordcommons.org.